

# WELCOME TO AIKIDO SEMINAR

8-10 December



**Urban Aldenklint 7 dan**

**Location: Luleå Energi Arena**

**Friday 19.00 – 20.30**

**Saturday 10.30 – 11.45**

**12.00 – 13.15**

**Lunch**

**15.15 – 16.30**

**16.45 – 18.00**

**Sunday 10.30 – 11.45**

**12.00 - 13.15**

**(kyu grading)**

**Bring Jo and Bokken if possible.**

**Fee: 500kr,**

**Teenagers: 400kr**

**One class: 100 kr**

